

## **Race Information**

### **Alnwick Harriers Coastal Run 2022**

**Sunday 24<sup>th</sup> July 2022. Race Start 9.00am.**

Welcome to Alnwick Harriers Coastal Run 2022. Enclosed is all the important information you should need to help make your race the best experience possible. We hope you have a great day and a successful race. There is more information and maps available at [www.alnwickharriers.co.uk](http://www.alnwickharriers.co.uk)

## **Arrival + Parking**

All parking is next to Hipsburn First School by Alnmouth to pick up buses NE66 3PX.

Drop off only allowed in Beadnell, no parking available due to the car park being used for our event.

. £5 per car - profits to go to Alnmouth football club, cash or card.

## **Club buses**

No club buses allowed in Beadnell, drop off just off the main road and walk down.

Parking in Alnmouth is limited. If there are no spaces, instruct your driver to park at Willowburn Leisure Centre in Alnwick and return for pick up after the event.

## **Buses to Start**

Buses will leave Hisburn First School (Sat Nav NE66 3PX) from 7.00am and the last bus will leave at 8.00am. Please be prompt, we do not have time to wait after that.

If you paid for the bus when you entered the race, your race number will display a bus motif.

There are no available places for bus seats other for those who registered on entering

## **Race Route**

There is new route this year due to the National Trust not allowing access to part of the beach. There are maps of the route online at [www.alnwickharriers.co.uk](http://www.alnwickharriers.co.uk). Cut off time is 3 hours 15 minutes. Any runner after that will not have their time recorded.

Marshalls will be along the route to direct you, please follow their guidance especially along the bird sanctuary at Long Nanny where you must go over the bridge and not through the water.

## **Prize Giving**

At Alnmouth Links Golf Club at approximately 11.30am. There is an extensive list of prizes in every 5-year category for vets as well as top 10 overall.

## **Water**

There are 3x times water stations along the route, which will have paper cups, all highlighted on the maps. No plastic bottles are being used this year so if you feel you need water along the way please carry your own.